Dandiya Sticks

Navratri is a Hindu religious holiday celebrated all over India twice a year, during the Spring and the Fall. This nine-day festival symbolizes the victory of good over evil, and Indians celebrate by offering prayers, singing folk songs, and participating in social dances. The dance forms performed during Navratri are dramatizations of the fight between the goddess Durga and a demon king named Mahishasur. During the Dandiya Raas dance, celebrants perform with sticks called dandiya which represent Durga’s sword.
What you’ll need:

- Wooden dowels, sticks, or unsharpened pencils
- Ribbon and/or colored tape

Instructions:

- Select two wooden dowels, sticks, or pencils
- Wrap the first stick using tape or ribbon (see Figure 1)
- Use tape to secure pieces of ribbon on either end of your stick (see Figure 2)
- Embellish your stick using ribbon or tape
- Repeat these steps and decorate the second stick
- Enjoy your new instruments!

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